# WRITING IN AN ACADEMIC STYLE

#### **SLS WEBINAR PROGRAM**

Student Learning Support



## **WEBINAR GOALS**

During this webinar you will learn how to:

- 1. use formal English.
- 2. write objectively.
- 3. write in passive voice.
- 4. use cautious language.
- 5. be concise.



## **ACADEMIC WRITING CONVENTIONS**

Academic and professional writing is:

- logically organised
- formal and objective
- accurate in spelling, grammar and punctuation
- clear and concise





## **USING FORMAL ENGLISH**

#### Avoid:

- a 'chatty' tone
- slang
- colloquialisms



Why are these sentences considered too informal for academic writing?

- 1. This is where skilful communication comes into play.
- 2. The medication didn't seem to have any effect.
- 3. According to Bailie (2007), teens are at a high risk.



Find the informal word(s) in the sentence and replace it with a more formal word.

- 1. Indigenous children are at risk.
- 2. Hopefully the number of nurses participating in the program next year will go increase.
- 3. There are three factors that need to be considered before making a decision.



### WRITING OBJECTIVELY

Avoid personal pronouns such as *I*, *my*, *me*, *mine*, *we*, *us*, *you*, *your*, *us* and *our*.

Observation of the patient can provide <u>you</u> with important information.

Observation of the patient can provide <u>the counsellor</u> with important information.

<u>I believe</u> that stress can have a significant impact on <u>our</u> well-being.

Stress can have a significant impact on a person's well-being. OR Research shows that stress can have a significant impact on a person's wellbeing.



#### Rewrite these sentences more objectively.

1. Feedback from our supervisors can help us identify skills that need further development.

#### **Possible solution:**

Feedback from supervisors can help counselors/psychologists identify skills that need further development.

2. As a psychologist, you should be aware of the different aspects of a client's behaviour.
 Possible solution:

Psychologists should be aware of the different aspects of a client's behavior.



### **USING INCLUSIVE OR BIAS-FREE LANGUAGE**

#### Ensure your words *DO NOT*:

- demean, offend or exclude groups in society
- include ableist language; use terms that stigmatise people with disabilities or frame them as different or other
- imply an age discrimination e.g., old woman, immature teenager
- use gendered binaries that are exclusive to anyone who is not heterosexual
- assume a person's sexual orientation and categorise them according to appearance

#### To Avoid Bias Language:

- Acknowledge difference without being judgmental
- Be specific in your language choices, rather than lumping everyone in together



How might you re-write the following sentences using bias-free language?

1. The client is usually the best judge of the value of his counseling.

#### Possible Solutions:

The client is usually the best judge of the value of counseling. The client is usually the best judge of the value of their counseling.

- 2. The female researcher conducted multiple trials with disabled, wheelchair dependent men. Possible Solutions:
  - The researcher conducted multiple trials with people in wheelchairs.

The researcher focused their trails on people using wheelchairs.

https://apastyle.apa.org/style-grammar-guidelines/bias-free-language/general-principles



## **USING PASSIVE VOICE**

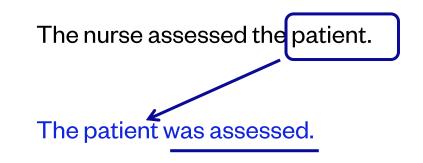
• a feature often used with both formality and objectivity in academic writing

When we use an **active** verb, we say what the subject does:

The counsellor assessed the client.

When we use **passive** verb, we say what happens to the subject:

The client was assessed.



They reviewed the admissions policy in 2013.

The admissions policy was reviewed in 2013.



Write this sentence in passive voice.

You can use this model for ethical decision-making. Possible colution: This model can be used for ethical decision-making.



## **USING CAUTIOUS LANGUAGE**

• important in academic writing because your ideas can always be challenged

#### **Useful expressions:**

appears to, seems to, tends to, may, possible, probably, apparently, generally, seemingly

#### **Useful phrases:**

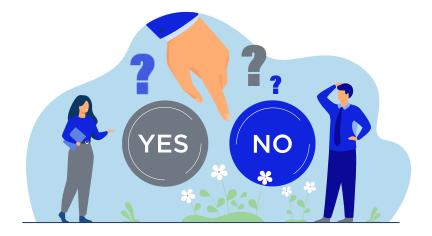
in some cases ..., this evidence suggests that ...

#### **Examples:**

Teenage boys <del>are</del> reluctant to see a counsellor. Teenage boys may be reluctant to see a counsellor.

Physically active people have less mental illness.

Research suggests that physically active people have less mental illness.





Rewrite these sentences using more cautious language.

Women develop psychological problems during and post pregnancy.
 Possible solution:

Some women develop psychological problems during and post pregnancy.

2. Mental health issues lead to unemployment.

**Possible solution:** 

Mental health issues may also lead to unemployment.



## WRITING CONCISELY

Avoid rambling.



#### In the article 'The counsellor and the client'-by Blay et al. (2012), they

discussed how a client transfers impact on the counsellor's workload.



#### Write these sentences more concisely.

The depression that occurs may also cause further psychological problems.
 Possible solution:

Depression may also cause further psychological problems.

2. Inexperienced counsellors have limited experience. They do not have the freedom to take on complex cases on their own.

#### **Possible solution:**

Inexperienced counsellors often do not have the freedom to take on complex cases on their own.



### **ONE LAST PRACTICE**

Identify the words or issues you think might be problematic here, then rewrite in a more academic style:

It's definitely a good idea to practise meditation for self care! Smith (2020) says you'll feel so much happier and you're energy will go up The activity of meditating literally slows down time and takes away stress.

#### **One possible solution:**

Research suggests that meditation is one positive technique for self-care. According to Smith (2020), it may lead to improved mood, a sense of calm, increased energy and reduced stress.



## **10 FINAL TIPS**

- 1. Be clear and concise and avoid ambiguity.
- 2. Use words precisely avoid 'chattiness'.
- 3. Avoid unnecessary words and 'long-winded' sentences.
- 4. Be consistent in spelling, verb tense, your writing style and presentation.
- 5. Do not use slang or conversational language
- 6. Avoid personal language; for example instead of *'I* think that...' an alternative might be: 'The literature supports...'





### **10 FINAL TIPS**

- 7. Avoid contracting words e.g. 'doesn't'  $\rightarrow$  does not
- 8. Write words in full the first time they are used,
  followed by the acronym in brackets. Then the
  acronym alone can be used from then on. E.g. The
  Australian College of Applied Professions (ACAP) ....
- 9. Spell out all one-digit numbers but use figures for numbers containing two or more digits except at beginning of a sentence. Always express dates, currency, and times in figures.
- 10. Use correct grammar and punctuation!



## **RESOURCES**

Formal writing:

https://sls.navitas-

professional.edu.au/vef/load/097772b5dc6b89d 0d0f28134477203b2?width=850&height=605

#### **Proofreading:**

https://sls.navitas-professional.edu.au/editingand-proofreading-0

#### **SLS resources:**

https://sls.navitas-professional.edu.au/academicwriting-0





### **STUDENT LEARNING SUPPORT WEBSITE**



Study Skills



Referencing and Academic Integrity



Assignment Types



Enhance Your Writing



Preparing Your Assessments



Presentation Skills



Making The Technology Work For You



Being a Critical and Reflective Thinker



Essential Skills For Your VET Diploma Studies



Peer Assisted Study Sessions (PASS)



Test and Exam Skills



English Language Support



#### http://sls.navitas-professional.edu.au/



#### Reach out to Student Learning Support (SLS)

Sydney students

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**Online Campus** (email contact for MBA and Graduate Certificate of Coaching students) SLSOnline@acap.edu.au



# THANK YOU

**CONTACT:** Student Learning Support

