Using Verbatim Text

Direct citation

In order to create rapport with the client, the counsellor began the session by saying, “How was your journey here today?” (Microtraining Associates, 2012, 00:00:23).

This is the producer of the video.*
This is the year the video was made.*
This is the timestamp using hours:minutes:seconds when this moment occurred in the video.

Script

The session with client 1 began in the following way (00:14:41):

Counsellor: Today is a beautiful day, yes?
Client: Yes, it was a very pleasant walk from the station.

*Notice that in script example, only the timestamp is used. If you are only referencing one source of verbatim text in the assignment use the full reference details (producer and year) the first time you introduce the verbatim then just use the time stamp from then on.

Verbatim from your personal recording

The session with client 1 began in the following way (00:14:41):

Counsellor: Today is a beautiful day, yes?
Client: Yes, it was a very pleasant walk from the station.

Note that you DO NOT need to include a reference for your own unpublished recordings (e.g., a role-play), just a timestamp. For more information visit the library webpage: http://libguides.navitas.com/apa/other
Examples of verbatim text in an assignment

**Example 1**

Remember, you generally need to include not only verbatim text, but also references from academic sources.

**Body language is an effective micro skill that counsellors use to make their clients feel safe and comfortable.** The use of body language from the counsellor in the video example helped to make the client feel more comfortable; consequently, the client was able to open up about her experience. This was demonstrated when the counsellor uncrossed her legs and arms and leaned forward towards the client (Microtraining and Associates, 2012, 00:02:13). This ‘open stance’ encouraged the client to begin to explain the presenting issue and to describe how she felt. **While listening to the client, the counsellor leaned back and nodded her head (00:05:34) which encouraged the client to continue talking about her issue.** As stated by Venables (2013), when a counsellor presents relaxed and open body language, the client often feels less vulnerable and more trusting of the counsellor. Therefore, the use of an open body posture in this instance, enabled the client to feel safe, so she continued to describe the issues at hand.

**Yellow**  Topic sentence that introduces the topic and why it is important.

**Green**  Verbatim text with the correct referencing.

**Blue**  Theory that supports what the author is arguing.

**Pink**  Summary of the topic and its importance for this paragraph.

**Grey**  Example of verbatim script within the text.

**Example 2**

**Minimal encouragers are an effective micro skill that counsellors use to make their clients feel safe and comfortable.** The use of minimal encouragers from the counsellor in the video example helped to make the client feel more comfortable; consequently, the client was able to open up about her experience. This was demonstrated when the client began opening up about her situation (Microtraining Associates, 2012, 00:34:23):

Client: So… I … I guess I started to feel about anxious about that.

Counsellor: Mmmm.

Client: And, yeah, well that was because I never really experienced something like that before, you know?

Counsellor: Mmmm, yeah.

The client then began to explain the presenting issue and described how she felt. **After a moment of the client describing her issue, the counsellor leaned back and nodded her head (00:05:34) which encouraged the client to continue talking about her issue.** As stated by Rogers (1995) using minimal encouragers can make clients feel less vulnerable and more trusting of their counsellor. Therefore, the use of the counsellor’s minimal encouragers in this instance enabled the client to feel safe, so she continued to describe the issues at hand.