

Reading Tips

Engage:

- Look at the title and headings and try to guess what the text will be about, skim or scan to see how correct your guess was
- Think about what you already know about the topic
- Read newspapers, blogs, journals or magazines in English (before bed is a good time)
- Circle words you don't know the meaning of. Look at the words and sentences around the new word and try to guess what type of word it might be. Is the word a noun? A verb? Or a positive or negative word. Try to guess the meaning. Use an online dictionary like the Cambridge Learner's Dictionary (link below) to see if you are correct or not.
- Put these new words on flashcards, with a definition in your own words. Try to make it memorable by using humour, images or connect it to your own life. Test yourself with the cards each night before you go to sleep.
- Summarise readings verbally to friends and fellow students.
- Turn the reading into a diagram or table.



SLS Resources:

- Learning Support Website: <http://sls.navitas-professional.edu.au/>
- SLS Recordings: <http://sls.navitas-professional.edu.au/webinar-recordings-materials/all>
- Navitas Library Guide: http://libguides.navitas.com/english_acap/academic

Other Resources:

- ABC News: <http://www.abc.net.au/news/>
- SBS News: <http://www.sbs.com.au/news/>
- BBC Skillswise English: <http://www.bbc.co.uk/skillswise/english>
- British Council Learn English: <http://learnenglish.britishcouncil.org/en/>

Some useful resources for vocabulary:

- Counselling vocabulary word list: <http://www.itsgoodtotalk.org.uk/what-is-therapy/glossary>
- [Butterworths concise Australian legal dictionary / general editors, Peter E. Nygh, Peter Butt.](#)
- [The SAGE Encyclopedia of Theory in Counseling and Psychotherapy](#)

Online Dictionaries:

- Cambridge: <http://dictionary.cambridge.org/>
- Dictionary.com: <http://www.dictionary.com/>
- OneLook – database of dictionaries: <http://www.onelook.com/>

Websites:

- Cambridge English Test Practice: <http://www.cambridgeenglish.org/test-your-english/>
- Macmillan Readers Level Test: <http://www.macmillanreaders.com/level-test/>